

# 10 tips for parents: This is how you motivate your child to learn



## 1. Create a positive learning environment

A tidy workplace and a quiet learning environment help your child to stay focused.



## 2. Create appropriate incentives

Formulate goals that act as incentives and motivate your child to learn by himself/herself. For example: “If you are good in biology, you could be a veterinarian.”

### **3. Try not to make the „Corona“ theme the focal point of attention in the family**

### **4. Breathe once, twice**

Adequate breaks between studying are very important in order to work efficiently. Have your child do some exercise or drink a sip of water.



### **5. No television in the breaks**

As in school, watching television in the breaks between studying should not be possible. It is certainly motivating for children to sit down together for a snack, to exchange ideas with them and maybe discuss what to do in the afternoon together and how everyone wants to spend their free time.

### **6. Give suggestions for learning**

Parents should not become substitute teachers as this can strain the relationship with the child. However, parents can provide many suggestions to their children.

Try to maintain the same routines of daily school life with regard to waking up in the morning, getting dressed, having breakfast, studying, taking breaks, and going to bed at night.

Change roles with your child and let your child tell you what he/she has just learned as that increases his/her self-confidence. In addition, other creative learning methods help to increase the motivation to learn.

## 7. Use the internet

- There are various children's websites that students can use for research
- Good apps also help to understand and apply learning content in a playful way: [www.integrationsfonds.at/app](http://www.integrationsfonds.at/app)
- The online learning platform [www.sprachportal.at](http://www.sprachportal.at)



## 8. Incorporate school content into everyday life

Counting while baking, learning while playing and doing arts and crafts, listening to music and watching movies... You can learn anywhere at any time.



## 9. "You can do it!" Provide moral support

Show your child his/her strengths. Avoid, as far as possible, rewarding your child with sweets, watching TV or playing computer games as such methods of motivation only work in the short term.

## 10. Learn with a plan

A learning plan or learning-to-do list helps to create a learning incentive.

A learning plan defines learning objectives and how the child can be rewarded for it on a daily basis. Learning objectives are noted on a learning-to-do list and checked off once they have been reached.

task	time	completed
	in the morning	
	in the morning	
	in the morning	
	in the morning	
<b>Did you collect all check marks? = Your first star</b>		
	at midday	
	at midday	
	at midday	
	at midday	
	at midday	
<b>All check marks again? = Your second star</b>		
	in the evening	
	in the evening	
	in the evening	
	in the evening	
	in the evening	
<b>Everything full again? = Your third star</b>		